

**Minutes of the Boys / Girls Track and Field Advisory Committee
September 6, 2011**

The IHSA Track & Field Advisory Committee met in the IHSA Office in Bloomington, Illinois, on Wednesday, September 6, 2011. The meeting began at 10:00 a.m. and concluded at approximately 2:30 p.m. Voting Committee members present were: David Vieth, Athletic Director, Mattoon H.S.; Roland Brent, Coach at Bloomington H.S.; Erin Luby, Girls Track Coach at St. Ignatius; Andy Knowles, B&G Track Coach at Mackinaw H.S.; Andrew Mitchell, Principal at Alwood H.S.; John Nalley, Coach at Palatine H.S.; Rod Shurtz, Boys Track Coach at Benton H.S.; John Polka, Meet Manager; Geza Ehrentreu, Coordinator of Officials. Other guests and non-voting members present were: Jerry Parsons, Illinois Coaches Association; Pat Bodine, IESA Asst. Executive Director, Jamie Klotz, Illinois Track & Cross Country Coaches Association-North; Andy Preuss, Illinois Track & Cross Country Coaches Association-North; Mike Garcia, Illinois Track & Cross Country Coaches Association- South; Mike Powers, Illinois Track and Cross Country Officials Association; Glen Cothern, Illinois Track and Cross Country Officials Association; Ron McGraw; IHSA Asst. Executive Director.

TERMS AND CONDITIONS RECOMMENDATIONS:

1. Item VII- C: IHSA State Series T&F Qualifying Standards

Recommendation: The qualifying standards for 2011 and 2012 are as follows:

| Event | Class 1A Girls | | Class 2A Girls | | Class 3A Girls | |
|----------------------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| | 2011 | 2012 | 2011 | 2012 | 2011 | 2012 |
| Long Jump | 16-4 | 16-4 | 16-11 | 16-11 | 17-3 | 17-3 |
| Pole Vault | 9-0 | 9-3 | 9-6 | 9-9 | 10-3 | 10-3 |
| High Jump | 5-2 | 5-2 | 5-2 | 5-2 | 5-3 | 5-3 |
| Shot Put | 35-6 | 35-6 | 36-6 | 36-6 | 37-6 | 37-6 |
| Triple Jump | 33-8 | 33-8 | 34-8 | 34-8 | 35-6 | 35-6 |
| Discus Throw | 108 | 108-0 | 112-6 | 112-3 | 117-6 | 117-6 |
| 4x800 M. Relay | 10:22.0 MT | 10:22.0 MT | 10:04.80 MT | 10:04.80 MT | 9:38.0 MT | 9:38.0 MT |
| | 10:22.24 FAT | 10:22.24 FAT | 10:05.04 FAT | 10:05.04 FAT | 9:38.24 FAT | 9:38.24 FAT |
| | | | | | | |
| 4x100 M. Relay | :51.7 MT | :51.7 MT | :50.6 MT | :50.6 MT | :49.2 MT | :49.2 MT |
| | :51.94 FAT | :51.94 FAT | :50.84 FAT | :50.84 FAT | :49.44 FAT | :49.44 FAT |
| | | | | | | |
| 3200 M. Run | 12:12.0 MT | 12:12.0 MT | 11:47.8 MT | 11:47.8 MT | 11:21.8 MT | 11:21.8 MT |
| | 12:12.24 FAT | 12:12.24 FAT | 11:48.04 FAT | 11:48.04 FAT | 11:22.04 FAT | 11:22.04 FAT |
| | | | | | | |
| 100 M. High Hurdles | :16.4 MT | :16.4 MT | :15.8 MT | :15.8 MT | :15.2 MT | :15.2 MT |
| | :16.54 FAT | :16.54 FAT | :15.94 FAT | :15.94 FAT | :15.34 FAT | :15.34 FAT |
| | | | | | | |

| | | | | | | |
|---------------------------|--------------------------------|--------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|
| 100 M. Dash | :12.7 MT :12.94 FAT | :12.8 MT :13.04 FAT | :12.4 MT :12.64 FAT | :12.5 MT :12.74 FAT | :12.2 MT :12.44 FAT | :12.3 MT :12.54 FAT |
| 800 M. Run | 2:26.5 MT 2:26.64 FAT | 2:26.5 MT 2:26.64 FAT | 2:23.1 MT 2:23.34 FAT | 2:23.1 MT 2:23.34 FAT | 2:19.5 MT 2:19.74 FAT | 2:19.5 MT 2:19.74 FAT |
| 4x200 M. Relay | 1:50.1 MT 1:50.34 FAT | 1:50.1 MT 1:50.34 FAT | 1:47.8 MT 1:48.04 FAT | 1:47.8 MT 1:48.04 FAT | 1:44.5 MT 1:44.74 FAT | 1:44.5 MT 1:44.74 FAT |
| 400 M. Dash | 1:01.8 MT 1:02.04 FAT | 1:01.8 MT 1:02.04 FAT | 1:00.4 MT 1:00.64 FAT | 1:00.4 MT 1:00.64 FAT | :59.2 MT :59.44 FAT | :59.2 MT :59.44 FAT |
| 300 M. Low Hurdles | :48.6 MT :48.84 FAT | :48.8 MT :49.04 FAT | :47.6 MT :47.84 FAT | :47.6 MT :47.84 FAT | :46.7 MT :46.94 FAT | :46.7 MT :46.94 FAT |
| 1600 M. Run | 5:34.9 MT 5:35.14 FAT | 5:34.9 MT 5:35.14 FAT | 5:25.0 MT 5:25.24 FAT | 5:25.0 MT 5:25.24 FAT | 5:15.0 MT 5:15.24 FAT | 5:15.0 MT 5:15.24 FAT |
| 200 M. Dash | :26.8 MT :27.04 FAT | :26.8 MT :27.04 FAT | :26.0 MT :26.24 FAT | :26.2 MT :26.44 FAT | :25.7 MT :25.94 FAT | :25.7 MT :25.94 FAT |
| 4x400 M. Relay | 4:14.1 MT 4:14.34 FAT | 4:14.1 MT 4:14.34 FAT | 4:09.8 MT 4:10.04 FAT | 4:09.8 MT 4:10.04 FAT | 4:04.0 MT 4:04.24 FAT | 4:04.0 MT 4:04.24 FAT |

| | Class 1A Boys | | Class 2A Boys | | Class 3A Boys | |
|-----------------------|--------------------------------|--------------------------|--------------------------------|-----------------------------|--------------------------------|-----------------------------|
| Event | 2011 | 2012 | 2011 | 2012 | 2011 | 2012 |
| Long Jump | 21-3 | 21-3 | 21-8 | 21-8 | 22-3 | 22-3 |
| Pole Vault | 13-0 | 13-0 | 13-3 | 13-3 | 13-9 | 13-9 |
| High Jump | 6-3 | 6-3 | 6-3 | 6-3 | 6-5 | 6-5 |
| Shot Put | 49-3 | 49-3 | 50-11 | 50-11 | 52-11 | 52-11 |
| Triple Jump | 42-3 | 42-0 | 43-8 | 43-8 | 45-0 | 45-0 |
| Discus Throw | 143-0 | 143-0 | 148-0 | 148-0 | 155-0 | 155-0 |
| 4x800 M. Relay | 8:22.0 MT 8:22.24 FAT | 8:24.0 MT 8:24.24 FAT | 8:15.0 MT 8:15.24 FAT | 8:15.0 MT 8:15.24 FAT | 7:59.8 MT 8:00.04 FAT | 7:59.8 MT 8:00.04 FAT |
| 4x100 M. Relay | :44.4 MT :44.64 FAT | :44.4 MT :44.64 FAT | :43.5 MT :43.74 FAT | :43.5 MT :43.74 FAT | :42.6 MT :42.84 FAT | :42.6 MT :42.84 FAT |
| 3200 M. Run | 10:02.8 MT 10:03.04 | 10:02.8 MT 10:03.04 | 9:49.0 MT 9:49.24 | 9:49.0 MT 9:49.24 | 9:28.8 MT 9:29.04 | 9:28.8 MT 9:29.04 |

| | | | | | | |
|----------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| | FAT | FAT | FAT | FAT | FAT | FAT |
| 110 M. High Hurdles | :15.2 MT :15.44 FAT | :15.3 MT :15.54 FAT | :14.7 MT :14.94 FAT | :14.7 MT :14.94 FAT | :14.5 MT :14.74 FAT | :14.5 MT :14.74 FAT |
| 100 M. Dash | :10.9 MT :11.14 FAT | :10.9 MT :11.14 FAT | :10.8 MT :11.04 FAT | :10.8 MT :11.04 FAT | :10.6 MT :10.84 FAT | :10.7 MT :10.94 FAT |
| 800 M. Run | 2:01.0 MT 2:01.24 FAT | 2:01.0 MT 2:01.24 FAT | 1:58.8 MT 1:59.04 FAT | 1:58.8 MT 1:59.04 FAT | 1:56.6 MT 1:56.84 FAT | 1:56.6 MT 1:56.84 FAT |
| 4x200 M. Relay | 1:33.5 MT 1:33.74 FAT | 1:33.5 MT 1:33.74 FAT | 1:31.5 MT 1:31.74 FAT | 1:31.5 MT 1:31.74 FAT | 1:29.4 MT 1:29.64 FAT | 1:29.4 MT 1:29.64 FAT |
| 400 M. Dash | :51.5 MT :51.74 FAT | :51.5 MT :51.74 FAT | :50.6 MT :50.84 FAT | :50.6 MT :50.84 FAT | :49.7 MT :49.94 FAT | :49.7 MT :49.94 FAT |
| 300 M. Int. Hurdles | :41.0 MT :41.24 FAT | :41.2 MT :41.44 FAT | :40.2 MT :40.44 FAT | :40.2 MT :40.44 FAT | :39.6 MT :39.84 FAT | :39.6 MT :39.84 FAT |
| 1600 M. Run | 4:37.0 MT 4:37.24 FAT | 4:37.0 MT 4:37.24 FAT | 4:30.2 MT 4:30.44 FAT | 4:30.2 MT 4:30.44 FAT | 4:21.6 MT 4:21.84 FAT | 4:22.5 MT 4:22.74 FAT |
| 200 M. Dash | :22.7 MT :22.94 FAT | :22.7 MT :22.94 FAT | :22.3 MT :22.54 FAT | :22.3 MT :22.54 FAT | :22.0 MT :22.24 FAT | :22.0 MT :22.24 FAT |
| 4x400 M. Relay | 3:31.5 MT 3:31.74 FAT | 3:31.5 MT 3:31.74 FAT | 3:27.2 MT 3:27.44 FAT | 3:27.2 MT 3:27.44 FAT | 3:23.5 MT 3:23.74 FAT | 3:23.5 MT 3:23.74 FAT |

Rationale: Qualifying standards are reviewed annually. After review and much discussion by the members of the T&F Advisory Committee, some are modified and some remain the same.

Motion to change Boys 1A 3200,110 hurdles,300 hurdles; Girls 1A pole vault, 300 hurdles, Girls 2A pole vault, discus, 200 M dash, Boys 3A 100 M dash **Passed** 9 yes – 0 no

Motion to change Girls 2A 100 M dash **passed** 7-0-2

Motion to change Girls 3A 100 M dash **passed** 6-0-3

Motion to change Girls 1A 100 M dash **passed** 6-3-0

Motion to change Boys 1A triple jump **passed** 6-3-0

Motion to change Boys 3A 1600 M run **passed** 5-0-4

Approved

2. **Item: New VIII. I and revise VII. A - Require F.A.T. at all IHSA Sectional meets.**

Recommendation: Require that all IHSA Sectional Track and Field meets use a fully automated timing system beginning in 2012.

- F.A.T. must be used for all running events at all sectional meets.
- If the IHSA T&F administrator has no option but to conduct any sectional meet at a site that does not have access to a F.A.T., then only the first and second place finishers in all running events will be allowed to advance to the state finals from that meet. No one will advance to the state finals by way of meeting the adopted qualifying standard on the basis of a manual time. The IHSA T&F Administrator will make every effort to identify a sectional host that will use an F.A.T. system.
- A simple definition of an F.A.T. system is a one used to place and time the runners in any race which starts and stops automatically. Any timing system that requires an individual to start the system manually and/or others to stop the system, no matter how sophisticated is not a F.A.T. system.
- All sectional hosts will be required to send the IHSA the electronic files containing the results of their meet at the conclusion of their meet.

Rationale: It is generally believed that it is not fair to use manual watch times any longer when the majority of all sectional meets are using the more accurate F.A.T.

Motion **passed** 9 yes – 0 no

Approved

3. **Item: Modify the method for advancement to the state final track and field meet from the sectional qualifying meets.**

Recommendation: There was a lengthy discussion on this topic but **no motion was made to advance this item for a vote** by any member of the committee.

The original concept was proposed by the ITCCCA groups following last year's T&F Advisory meeting. The discussion focused on the possibility of eliminating the current

qualifying standards process. This would be possible if the IHSA would adopt a process that automatically qualified the top two finishers from each race and then filled a specific number of lanes with the next fastest individuals from across the state. Meet management suggested that in 1A we would fill 5 heats (45 athletes) and for 2A and 3A we would fill 4 lanes (36 athletes). As a result of the new class structure adopted by the IHSA Board of Directors; in 2012 there will be 14 sectional meets in 1A and therefore 28 automatic qualifiers (first and second place). This would leave 17 at large qualifiers from across the state based upon the next best times. In 2A and 3A there will be 11 sectional meets and therefore 22 automatic qualifiers. This would leave 14 at large qualifiers from across the state based upon the next fastest times. At large qualifiers would be identified after all sectional results have been received from the host schools.

Rationale: Meet management would find it beneficial to have a known number of competitors qualifying for the track and field championships each year. Qualifying in this manner would eliminate the need for the always controversial qualifying standards. This process would provide two additional heats to the total number of heats commonly conducted in the 8 races competed in lanes. Obviously this would increase the number of total qualifiers for each state meet. A more consistent time schedule could also be developed if the meets were the same size each year.

**NO MOTION WAS MADE BY THE ADVISORY COMMITTEE ON THIS ITEM
– NO ACTION TAKEN**

Not Approved

ITEMS OF GENERAL DISCUSSION:

The committee reviewed and had the opportunity to discuss all comments and suggestions sent to Ron McGraw. All of the items on the list below were submitted to the committee. Some of the items received discussion and some did not. All items that received a motion and a second from our advisory members were voted on by the committee members.

LIST OF DISCUSSION TOPICS FOR TRACK AND FIELD 2011-12

September 7, 2011

Rule Change suggestions from Sectional Meetings and Individuals:

1. Place 12 competitors in each of the preliminary flights of the field events.
2. Move the start of the LJ and TJ up one hour for the preliminaries.
3. Remove the start times on the 2A and 3A field events on Saturday. List the start times as following the previous class. This allows more flexibility for inclement weather. Start the TJ at the completion of the LJ.
4. Do not set the warm-up height of the PV significantly below the starting height of the elite jumpers. Allow each jumper to determine his/her warm-up height. Have the event officials change the bar and standards for each athlete.
5. Allow a bungee or bar to be used to warm-up by the competitor entering competition after passing three heights.
6. Allow 2 minutes per competitor in each flight to warm-up. 30 kids means 60 minutes warm-up for the flight.
7. Require FAT at all sectional meets.

8. Take first and second place as state qualifiers and fill the remaining positions with the fastest from across the state.
9. Require all boys sectional to be conducted on Wednesday or Thursday night.
10. All no-shows must be confirmed by the clerk's tent.
11. Remove the two tall evergreen trees at the south end of stadium. They block views of the start of the 100 m when starting from the south to north.
12. When using FAT at sectionals eliminate prelims.
13. Shorten the time between the events for the state final events.
14. Do not count any of the jumps or throws from the preliminaries in the finals. Start over and give each competitor 5 or 6 attempts.
15. Develop a rules video specifically for the shot and disk.
16. Develop a state team meet for sectional team champions as is done for wrestling.
17. Run the 1600 and 800 as timed finals. Conduct the 3200 in the evening.
18. Complete the SP, Disc, LJ and TJ in one day.
19. Improve the quality and knowledge of field event officials.
20. Conduct better sectional meets.
21. What are the responsibilities of the referee, starter/asst. starter as it relates to the inspection of poles and weighing in the vaulters? We need clarification on who is responsible to conduct these activities.
22. Disqualification of runners lifting their shirt during competition at the state meet.
23. Allow qualifying for the state meet during the season.
24. Do not conduct sectional meets on 6 lane tracks.
25. Allow the sprints to be hand timed at sectionals instead of reversing the FAT system.
26. Allow the names of the 8 relay runners to be changed as can be done with individual events.
27. When FAT is used conduct all events as timed finals.
28. The IHSA needs to do more to communicate to the Official Representative of each school the importance of interscholastic athletics and the schools need to recruit their staffs to supply officials for the IHSA State Series in all sports.
29. ITCCCA needs to do more to recruit its membership to help supply competent workers for the sectional and state meets.
30. Ignore the new qualifying proposals developed by ITCCCA.
31. Use only starting heights in the PV and LJ that every competitor can clear.
32. Adopt the new qualifying proposals developed by ITCCCA.
33. Too many quality teams in some sectional meets so they should be redrawn to eliminate this.
34. Revisit the qualifying standards for 2A.